



Creative Spirits

Susan Edmonson and Kristi Steiner
present

Believe in Yourself Retreat

September 8-11, 2010

Meadowbrook Inn - Blowing Rock, NC

Welcome to the **5th** year of Believe in Yourself, an inspiring creativity retreat just for you! Join us for an empowering, invigorating adventure, designed by the Creative Spirits team of Susan and Kristi. Refresh your soul, renew your creative energy, be inspired to believe in your own vision and talents as you join like minded folks in the beautiful setting of Blowing Rock, North Carolina - a "nest" in the heart of the Appalachian mountains.

Every detail is designed to pamper and fill you with inspiration. Enjoy 3 days of creative play with Kristi and Susan, exciting vendors, ideas and techniques galore! Beautiful room accommodations are provided by the Meadowbrook Inn. To make things fast and easy, breakfast is included. Fun eateries are just a short drive away or join Retreat members at the Inn's lounge for refreshment. Pajamas and creating late into the night are highly encouraged!

The retreat is limited to only **50** creative spirits so sign up soon!

Costs and Registration Information

Rooms: You must make your own room reservations by calling The Meadowbrook Inn 800-456-5456 and ask for the "Believe Room Rate Special".

*3 nights - double occupancy - including continental breakfast for \$197.00 per person.

*Deadline for room reservations: August 1, 2010

*Cancellation must be done 72 hours before Sept. 8th by individual placing reservation.

Workshop Registration - \$275.00: \$100.00 is due with registration and the balance due by July 1. Space is limited to the first 50 participants.

***** \$50.00 processing fee for any cancellation.**

Absolutely no refunds after July 1, 2009...we are so very sorry.

Registrations accepted through September 7, 2009.

Schedule: Registration begins Wednesday, Sept. 8 from 3:30 - 5:30 p.m.

Welcoming Reception begins at 7:30.

*Classes run from 9:00 - 4:30 with 1 ½ hours for lunch.

*The Retreat concludes with a tea at 1:00 Saturday, September 11.

Please feel free to contact us at kristin@kristinsteiner.com or

sedmonson@windstream.net and www.BelieveInYourselfRetreat.com

Believe in Yourself Retreat 2010
September 8-11

Name _____

Address _____

City _____ State _____ Zip _____

Phone numbers you can be reached at _____

Email address _____

- Workshop/finale tea if staying **on** campus.....\$275.00
- Workshop/finale tea if staying **off** campus.....\$295.00
- Rent a table to sell your artwork at Student Vending Night.....\$15.00

Total Due _____

Amount enclosed _____

(minimum \$100 due with registration and balance due by July 1, 2010)

***\$50.00 cancellation fee**

*** No refunds after July 1 - so sorry!**

***Accepting Registrations through September 7, 2010**

Print and fill out the above form. Make your check out to Kristin Steiner.

Mail form and check to-Kristin Steiner 221 Forest Hill St. Morganton, NC 28655

Thank you for joining our amazing adventure!